

Finance Resources

URBAN INSTITUTE
OF MENTAL HEALTH

Books

- Rich Dad Poor Dad, By: Robert Kiyosaki
- The Total Money Makeover, By: Dave Ramsey
- The Millionaire Next Door, By: Thomas Stanley
- The Latte Factor: Why You Don't Have to Be Rich to Live Rich, By: David Bach

Netflix Documentaries

- Money Explained
- Get Smart With Money
- The Minimalists
- How to Get Rich

Facebook Support Groups

- Dave Ramsey Baby Steppers:
<https://www.facebook.com/groups/257730451422240>
- Dream Catchers : LIVE RICHER w/ The Budgetnista:
<https://www.facebook.com/groups/LIVERICHER>